



# Bancroft TMC

## Newsletter March 2020

Dear Residents,

### Coronavirus: Office closure

In response to the latest Government advice to protect against Coronavirus (COVID-19) we will be changing how we deliver services from the TMC office.

We will be delivering essential services such as emergency repairs (e.g. blockages, leaks), estate cleaning and looking after our vulnerable residents.

The TMC reception service will be closed from Wednesday 18 March.

You can still contact us by:

phone on: 020 7265 8343 or  
email us: [enquiries@bancrofttmc.org.uk](mailto:enquiries@bancrofttmc.org.uk)

For out of hours emergency service please contact Tower Hamlets Homes as usual on:  
**0207 364 5015/0800 376 1637**

If you feel you may need extra help, or are worried about an elderly or vulnerable neighbour, please let us know. We will find out what support is available and make referrals to appropriate agencies if we are unable to assist.

We want to reduce the risk to both our residents and staff and therefore have taken the measure to close reception.

We will keep you updated on any further changes to services provided by the TMC as we receive advice and guidance from Public Health England.

For the latest information on coronavirus, including the situation in the UK and information about the virus and its symptoms, please visit the [NHS website](https://www.nhs.uk).

During out of office hours please call Tower Hamlets Homes on:  
**0207 364 5015/0800 376 1637**

If you witness drug related ASB please contact the Bethnal Green Safer Neighbourhood Team on **0208 721 2849**. Call **999** for serious crime and **101** for less serious crime.

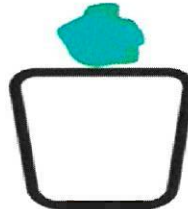
CORONAVIRUS

**PROTECT  
YOURSELF  
& OTHERS**

# CORONAVIRUS ADVICE



**CATCH IT.**



**BIN IT.**



**KILL IT.**

As with any virus the best way to protect yourself and others from coronavirus is to practice good hygiene:

- cover your mouth and nose with a tissue or your sleeve (not your hands)
- when you cough or sneeze
- put used tissues in the bin straight away
- wash your hands with soap and water often. Watch the [video from Public Health England](#), on how to wash your hands effectively.
- use hand sanitiser gel if soap and water are not available
- try to avoid close contact with people who are unwell
- do not touch your eyes, nose or mouth if your hands are not clean

**If you think you might have coronavirus or you've been in close contact with someone who has it:**

- stay at home and avoid close contact with other people
- do not go to a GP surgery, pharmacy or hospital
- use the NHS 111 online coronavirus service to find out what to do next. You can access it [online](#).

For updates from the Government please visit:

<https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response>

For updates from Tower Hamlets council please visit:

[https://www.towerhamlets.gov.uk/News\\_events/2020/February2020/Information\\_on\\_coronavirus\\_COVID\\_19.aspx](https://www.towerhamlets.gov.uk/News_events/2020/February2020/Information_on_coronavirus_COVID_19.aspx)