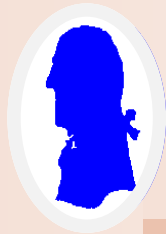


JUNE 2022



Bancroft TMC Newsletter

Dear Residents,

General Meeting – Thursday 28 July at 6.15pm

Due to Covid-19 we have been unable to hold face to face General Meetings the last 2 years. We are pleased to inform you that this year the Management Committee have decided to call a General Meeting face to face which will be held on the above date at the Bethnal Green Library. We will update you on the office relocation, upgrading the play area, mural project and summer fun day. You will also have the opportunity to decide where to spend the efficiency savings from 2021 which will benefit communal areas of the estate. This expenditure is not service chargeable, as it is from our own efficiency savings and deemed an estate goodwill gesture. Please contact us for a membership form as if you are not a member you cannot vote at the General Meeting on decision items.

We will remind you about the meeting a week before and post an agenda on your block notice boards.

Financial Support for Residents

We are playing a part in relieving the financial strain on residents by maximising opportunities where available to support our community. Due to the cost of living rises there is financial pressure which can leave some people choosing between heating their homes or buying food.

Anti-Social Behaviour (ASB)

Following the recent stabbing on the estate we are working with stakeholders and have asked for additional patrols on the estate.

During out of hours, you can report ASB by calling THH on **020 7364 5015** option 6 or emailing THH.ASB@towerhamletshomes.gov.uk.

- In an emergency, please call the Police on **999**
- Non-emergency ASB can be reported to the Police on **101**
- You can also report ASB and Crime online to the Police www.met.police.uk/report.
- You can also call **Crimestoppers 0800 555 111 (Anonymously)** to report ASB.

Hot Weather

The hot weather can cause some health risks so, please try and stay in cool places and ensure you keep yourself hydrated by drinking plenty of water.

Wickford Street Development / Office Relocation

Premises for the temporary estate office has been identified within the estate and is waiting refurbishment. It is anticipated the move will take place in October 2022.

Mural Project - Funded by The National Lottery

In May 2022, we began a partnership with local arts charity Magic Me. Through this partnership we will be creating a mural on a prominent wall of Bancroft Estate. Mural Artist, Matt Dufour, is leading on the project and will be meeting with residents in the coming weeks to find out your thoughts. Check out Matt's previous work at <https://www.atma-art.com/>

There will be a 'consultation event' on Saturday 30 July, 1.30 – 4.30pm on the green. Full event will be available shared with residents via posters and flyers.

"As an organisation based in Tower Hamlets for over 30 years, we are really excited to be working with Bancroft TMC to support their long-term aim of creating a mural. In 2020, Magic Me moved to an office space just a 10-minute walk from the estate and we are looking forward to getting to know our neighbours through this project." Emily Bird, Project Manager (Magic Me). For more information about Magic Me, please visit www.magicme.co.uk

Covid-19

The Government has eased the rules however Covid-19 is still with us and there are steps you can take to reduce the risk of catching and spreading Covid-19.

We want to keep you, our staff and contractors safe therefore the following safety arrangements are still in place:

- Please wear a face mask when you visit the office to protect yourself and others
- Our staff and contractors will continue to wear a face covering and appropriate personal protective equipment (PPE)
- If anyone in your home is self-isolating, please let us know as soon as possible before a home/repair

For more information on how to stay safe and help prevent the spread please visit:

<https://www.gov.uk/guidance/covid-19-coronavirus-restrictions-what-you-can-and-cannot-do>

Out of hours

During office closures and out of office hours please call Tower Hamlets Out of Hours Service on: **0207 364 5015 / 0800 376 1637**.



FIRE RISKS



You may be aware that we had a fire in Redclyf House recently. All residents affected were evacuated safely and we are pleased to report that no life was lost or serious physical injury sustained. Following this fire, we are once again reviewing the fire safety of all the blocks and private gardens. We need you to play your part to ensure fire risks are minimised.

Disposing cigarette ends

Smoking is the most common cause of fire fatalities according to the LFB and we frequently receive complaints from ground floor residents about cigarette stubs being thrown into gardens from balconies. This is extremely dangerous for the residents below and can cause serious injury as well as fire.

- **Do not throw cigarette stubs over the balcony.**
- **Please make sure cigarettes are put right out and disposed of properly.**
- **Use proper ashtrays, which can't tip over and stub cigarettes out properly.**
- **Make sure smoking materials are out, cold and preferably wet them before throwing into a bin.**

For further information please visit: <https://www.london-fire.gov.uk/safety/the-home/smoking/>

Maintaining private gardens

There can be risks caused by having an overgrown garden both to yourself and your neighbours. The most common risks include increased likelihood of fire and fire spreading putting all the residents in the block in danger as well as the risk of personal injury to yourself from trips and falls.

If you have a garden, you must:

- **Keep it tidy and free from household rubbish and furniture**
- **Not lop or remove any tree without getting our written permission first**
- **Not put up a shed or other structure without getting our written permission first.**

If you are unable to maintain your garden for some reason, please contact us and we may be able to assist you.

If you have large household items that you want to dispose of these can be removed for free by the Council. Please call Streetline on: 020 7364 5004 to arrange a collection.

Obstructions in communal walkways/areas

You must not obstruct any communal areas such as access balconies, corridors, landings or staircases either serving your home or any other part of the block.

Obstructions/items stored in communal areas can be detrimental in case of fire and cause, trips, delays in evacuation /rescue efforts in an emergency. Combustible items left outside can also catch fire and spread to your building therefore please report all fly tipping including any residents seen to be disposing such items in communal areas. No items should be left either outside flats, in communal areas both inside and outside.

- You must not store anything in the common part this includes plant pots, planters, furniture and constructions on front/communal balconies are not allowed;
- Washing lines is not allowed where they are fixed across a walkway, causing an obstruction or where they are attached to any pipes;
- Bicycles, and the like are not allowed;
- Hazardous items including plastic storage sheds are not allowed.
- Security Grilles on front doors. We understand why some residents have security grilles on their front door, however, there are risks associated with security grilles in case of an emergency as it can stop you leaving the flat quickly and slow down the fire service. Tenants with new front doors do not need to consider a front door grille as these doors are deemed to be secure.
- If you have a grille across your front door, it must:
 1. Not be fixed to the front door frame.
 2. Not obstruct the walkway. For example, the grille must lie flat against the wall when it is open. Ideally, you should be able to open grilles from the inside without a key. If not, does everyone in your home know what to do and where the keys are if they need to escape a fire?

Barbeque on balconies

The information below is to help protect you, your family and neighbours from the risk of fire. Please follow these guidelines so everyone can remain as safe as possible.

- **Never use a BBQ indoors or on a balcony.**
- **Never use a disposable BBQ inside a building or other enclosed space. Once lit they give off poisonous carbon monoxide fumes that can kill. 'Always use and leave BBQ outdoors, where the fumes can disperse and it can cool down completely.'** For more information, please visit: www.london-fire.gov.uk.

We have put lots of information on our website www.bancroftmc.org.uk with links to some helpful advice by the London Fire Brigade (LFB) so if you have any questions, please visit our website first. If you can't find the answer, please contact the office on 020 7265 8343 or email us at enquiries@bancroftmc.org.uk.

More information on fire safety is available from the London Fire Brigade (LFB) - www.london-fire.gov.uk

MURAL CONSULTATION

**Meet the artist, connect with
neighbours & share your ideas!**

Join us on the green & have your
say on a mural that will be made
on the side of Rickman House

WHERE?

You will find us between...



**DATE
SAT 30 JULY
DROP IN BETWEEN
1.30 - 4.30PM**

The event is open to people
of all ages, younger
people under 16 must be
accompanied by an adult

**REFRESHMENTS
WILL BE SERVED**

Magic Me is an intergenerational arts charity based in Bethnal
Green. This project is funded by The National Lottery.



Looking after yourself and others during hot weather

Heat can be harmful to your health

Top tips for keeping cool:

- ✓ Keep out of the of the heat – avoid going out between 11am – 3pm when the sun at its strongest
- ✓ Regularly apply sun cream, (SPF 15 minimum) to yourself and others you are responsible for
- ✓ Wear loose-fitting light weight, and light coloured clothing
- ✓ If you do go out, stay in the shade and wear a hat
- ✓ Where possible wear sunglasses with UV protection
- ✓ Save any vigorous activity/exercise for cooler parts of the day
- ✓ If working outside, take frequent breaks
- ✓ Drink plenty even if you do not feel thirsty – water or fruit juice are best
- ✓ Avoid tea, coffee and excess alcohol – they can make dehydration worse
- ✓ Take cool showers or baths
- ✓ Never leave babies, children or elderly in a hot car
- ✓ Check on family, friends and neighbours